

Firefighter Cardiac Risk Evaluation Screenings



Cardiovascular related events continue to be the leading cause of on-duty death for those working in the fire service

The State of Colorado provides funds to firefighters who suffer a cardiovascular event while on duty. In order to be eligible for these funds, firefighters must:

1. Be continuously engaged in fire prevention services for five years
2. Have a medical examination after the date of hire but before a heart incident that would reasonably find the presence of cardiovascular disease
3. Be diagnosed with a heart incident within 48 hours of a stressful or strenuous work event

A proper heart assessment is a critical component in determining participants' eligibility. The Colorado Firefighter Heart and Circulatory Benefits Trust has partnered with Colorado State University to offer a basic mobile heart disease screening program that can be provided on location throughout Colorado.

What is Cardiac One Risk Evaluation screening?

CORE screening is a basic heart disease screening program designed especially for Colorado firefighters and includes:

- A resting 12-lead electrocardiogram
- Fasting blood glucose and lipids tests
- Height, weight, waist circumference, and resting blood pressure measurements
- A review of cardiovascular health history and lifestyle awareness discussion

What can you do?

We are looking for host sites to allow CSU staff to perform the basic heart disease screenings in your area. This may be at your fire station or another local agency. This level of analysis by dedicated professionals is not usually available or affordable in rural areas, so this is an excellent chance for your community to take advantage of this service for a nominal cost.

What does it cost?

The cost for qualified CFH Trust member participants is \$50 per screening, while the fee for non-members is \$100 per screening. Members and non-members are also responsible for the costs of travel for the staff, which are determined by the State of Colorado's travel guidelines. The minimum clinic charge is \$500 (or 10 tests), plus travel costs.

How does the CFH Trust help?

The CFH Trust has provided funding to CSU's program to purchase the necessary equipment to outfit a mobile clinic and has developed a Heart Disease Assessment grant program which allocates funding for Trust members to offset up to 50% of the cost of having the assessments completed.

For a quote, please contact Tiffany Lipsey at (970) 491-7035 or tiffany.lipsey@colostate.edu