

## **How to Prepare Your Site for CORE Testing:**

### **Site Requirements:**

- Please provide a training room or similar room for testing. Please consider this location carefully as personnel will need to do skinfold testing and ECG.
  - If you have female firefighters, a more private room may be necessary.
- Outlets to plug in electronic equipment
- Tables and chairs

### **Scheduling:**

- We need a minimum of 10 people to participate in the screening.
  - We encourage agencies to contact their neighboring departments to reduce travel costs.
- Please submit a tentative final schedule with the total number of participants **two weeks prior to your testing date.**
  - Please send us a final schedule with approximate testing times at least **two business days** in advance.
  - Evaluations should take approximately 20 minutes per individual.
  - We do not guarantee testing spots for late additions. We inventory our equipment based off the final schedule provided **two weeks prior to your testing date.**

### **Reimbursement:**

- Your department may be eligible for reimbursement through the Colorado Firefighter Heart and Cancer Benefits Trust. Please visit their website:
  - [www.cfhtrust.com](http://www.cfhtrust.com)
- You can also find more information through the Colorado Department of Local Affairs (DOLA):
  - [www.colorado.gov/pacific/dola/firefighter-cardiac-benefit-program](http://www.colorado.gov/pacific/dola/firefighter-cardiac-benefit-program)

**You can find information about our program and links to all of our paperwork at: <http://www.hes.chhs.colostate.edu/outreach/core/>**