10th International Symposium on
GAIT & BALANCE IN MULTIPLE SCLEROSIS
The Role of Fatigue and Fatigability

AGENDA – SATURDAY OCTOBER 3rd, 2020

8:00 AM  Registration and continental breakfast

MORNING SESSIONS

8:45 AM  Introduction and Welcome
Brett Fling, Ph.D.
Colorado State University - Fort Collins, CO

9:00 AM  Keynote Lecture
Overview of fatigue in MS
Stefan Gold, M.D., Ph.D.
Charité Universitätsmedizin Berlin – Berlin, Germany

9:50 AM  BREAK

10:00 AM  Defining Terms: Negotiating between perceived subjective fatigue and objective measures of fatigue and fatigability in MS
John DeLuca
Kessler Foundation – East Hanover, NJ

Roger Enoka, Ph.D.
University of Colorado – Boulder, CO

Lauren Krupp, M.D.
NYU Langone Health – New York City, NY

11:30 AM  Title - TBD
Trainee Award Winning Presentation

12:00 PM  LUNCH
1:00  Medical management of fatigue in MS
Augusto Miravalle, M.D.
University of Colorado - Denver Anschutz Medical Campus

1:40 PM  Clinical management of fatigue in MS: Exercise
Prudence Plummer, Ph.D., PT
MGH Institute of Health Professions – Boston, MA

2:20 PM  BREAK

2:40 PM  Clinical management of fatigue in MS: Behavioral Aspects of Self-Management
Marcia Finlayson, Ph.D., OT, OTR
Queen’s University – Kingston, Ontario

3:20 PM  Clinical management of fatigue in MS: Cognitive Aspects of Self-Management
Kevin Alschuler, Ph.D.
University of Washington – Seattle, WA

4:00 PM  Panel Discussion

5:00 PM  Wrap up
Kathleen Zackowski, Ph.D., OTR, MSCS

5:30 PM - 8:00 PM  Poster presentation and reception