



# 11<sup>th</sup> International Symposium on **GAIT & BALANCE IN MULTIPLE SCLEROSIS**

Skipping the Middle – A focus on mild and severe mobility disability

**VIRTUAL CONFERENCE AGENDA – SEPTEMBER 18<sup>TH</sup>, 2021**

## **MORNING SESSIONS**

*All times Mountain Standard Time (Denver)*

- 8:00 a.m. **Introduction and Welcome**  
**Brett Fling, PhD**  
Colorado State University – Fort Collins, CO, USA
- 8:15 a.m. **Keynote Lecture**  
Comprehensive MS care to manage gait and balance across the disability spectrum  
**Susan Coote, PhD**  
University of Limerick – Limerick, Sreelane, Ireland
- 8:55 a.m. **Medical management of gait and balance deficits across the disability spectrum for people with MS**  
**Francois Bethoux, MD**  
Cleveland Clinic MS Center – Cleveland, OH, USA
- 9:30 a.m. **BREAK**
- 9:45 a.m. **Panel Discussion with Dr. Coote and Dr. Bethoux**  
**MODERATOR – Michelle Cameron, MD, PT, MCR**  
Oregon Health & Science University; VA Portland Health Care System – Portland, OR, USA
- 10:15 a.m. **Trainee Abstract Award Winner**  
Balance Impairments in People with Multiple Sclerosis with Minimal Neurological Disability  
**Georgia Andreopoulou**  
Queen Margaret University, Edinburgh, UK
- 10:30 a.m. **Developing new methods to detect subtle neuromotor deficits in people with early MS: Because you can't treat what you can't measure**  
**Michelle Ploughman PT, PhD**  
Memorial University – St. John's NL, Canada
- 11:00 a.m. **Early interventions for MS, exercise as prevention/medicine**  
**Ulrik Dalgas, PhD**  
Department of Public Health at Aarhus University – Aarhus C, Denmark
- 11:30 a.m. **Lunch and Virtual Poster & Networking Session #1**



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## AFTERNOON SESSIONS

*All times Mountain Standard Time (Denver)*

- 12:30 p.m. **Trainee Abstract Award Winner**  
**The Safety of Acute Exercise for Nonambulatory People with Multiple Sclerosis**  
**Thomas Edwards**  
*University of Ottawa, ON, CA*
- 12:45 p.m. **Characterizing mobility limitations in more advanced disability**  
**Jake Sosnoff, PhD**  
*University of Illinois – Champaign, IL, USA*
- 1:15 p.m. **Intervention for more advanced disability**  
**Debbie Backus, PT, PhD, FACRM**  
*Shepard Center – Atlanta, GA, USA*
- 1:45 p.m. **BREAK**
- 2:00 p.m. **Early Disability Case study**  
**Cinda Hugos, MS, PT**  
*Oregon Health & Science University – Portland, OR, USA*
- 2:15 p.m. **Advanced Disability Case Study**  
**Herb Karpatkin, PT, DSc, NCS, MSCS**  
*Hunter College School of Physical Therapy – New York, NY, USA*
- 2:30 p.m. **Panel Discussion with Dr's. Ploughman, Dalgas, Sosnoff, and Backus incorporating early and advanced deficits and interventions.**  
**MODERATOR – Nora Fritz, PhD, PT, DPT, NCS**  
*Wayne State University – Detroit, MI, USA*
- 3:15 p.m. **Wrap Up**  
**Mark Mañago, PT, DPT, PhD, NCS**  
*University of Colorado – Denver, CO, USA*
- 3:30 p.m. **Virtual Poster & Networking Session #2**